

Date: 1/30/2026

To: Edna Lucille Goodrich Tenants

From: Christy Carkeek, Property Administrator

RE: **Group Photos Next Friday**



Feb 6th is NATIONAL WEAR RED DAY and SEAHAWKS BLUE FRIDAY

What Color Will You Celebrate With Next Friday?

To celebrate both of these special events, please join us Friday, February 6th at 12:00 p.m. in the main lobby for photo opportunities.

National Wear Red - Friday, February 6th

Heart disease is the #1 killer of women in the U.S., claiming the lives of about 1 in 3 women each year.

Nearly 45% of women age 20 and older are living with some form of cardiovascular disease, which includes heart disease and stroke. Despite this, awareness is still an issue. In recent surveys only about 56% of women recognize that heart disease is the number one killer of women.

These figures highlight why National Wear Red Day and the Go Red for Women movement are so important for raising awareness and encouraging preventive action.

Seattle Seahawks Blue Friday – Friday February 6th

“Blue Friday” is a fun local Seahawks tradition where fans show team pride by wearing Seahawks gear on Fridays ahead of a big game. As the Seahawks head to the Super Bowl against the New England Patriots, ELGB tenants can show their pride by wearing Seahawks colors and team gear (blue, green, jerseys, hats, etc.) on Friday.

If you have any questions or concerns, please contact your agency representative at the following address:

- For DOC email DOCHQmanagementservices@doc1.wa.gov
- For WSDOT email HQFacilitiesHelpDesk@wsdot.wa.gov

This bulletin and other recent bulletins can be found posted on the ELG Building website at www.elgbuilding.com.

Sincerely,

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